

ONLINE TRAINING - MODULE DATES

Course Name		Training Days	Choice of Dates	Venue	Tutor
GYM - Level 2	Training Days	2nd February 2012 9th March 2012 20th April 2012 18th May 2012	Louisa Centre Louisa Centre Louisa Centre Louisa Centre	MH MH MH MH	
	E & FK Theory Assessment Practical Assessment Portfolio Assessment	23rd February 2012 30th March 2012 27th April 2012 8th June 2012	Louisa Centre Louisa Centre Louisa Centre Louisa Centre	MH MH MH MH	
EXERCISE To MUSIC	Training Day 1	28th January 2012	Birtley Leisure Centre	BW	
	Training Day 2	29th January 2012	Birtley Leisure Centre	BW	
	Assessment Day	4th & 5th February 2012	Birtley Leisure Centre	BW	
CIRCUITS	Training Day (Optional) Choose 1 Date	31st January 2012 27th March 2012 15th May 2012	Birtley Leisure Centre Birtley Leisure Centre Birtley Leisure Centre	MH MH MH	
	Portfolio Assessment Practical Assessment Choose 1 Date	1st February 2012 28th March 2012 16th May 2012	Birtley Leisure Centre Birtley Leisure Centre Birtley Leisure Centre	MH MH MH	
HEALTH RELATED EXERCISE FOR CHILDREN	Training Day / HREFC Theory Day Choose 1 date	27th January 2012 27th April 2012 27th July 2012 26th October 2012 14th December 2012	Louisa Centre Louisa Centre Louisa Centre Louisa Centre Louisa Centre	HM HM HM HM HM	
	HREFC Assessment	Via video - POSTAL	n/a		
PERSONAL TRAINING - Level 3	PERSONAL TRAINING (QCF)	Training Days	7th & 8th March 2012 19th & 26th April 2012	Louisa Centre Louisa Centre	MH MH
		E & FK Theory Assessment Practical Assessment 12 week progressive programme	3rd & 24th February 2012 28th & 29th March 2012 17th & 18th May 2012	Louisa Centre Louisa Centre Louisa Centre	MH MH MH
EXERCISE (GP) REFERRAL	Training Day	Next dates March 2012			
	GP Theory Assessment Practical Assessment	Next dates March 2012			